

5th Annual Sunset Summer Classic Heritage High School June 1, 2024

ORDER OF EVENTS

Saturday June 1, 2024

12:00 pm – Gate Opens

12:30 pm Coaches Meeting

1:00 pm Field Events

- Discus 13, 14, 15-16, 17-18, O/M
- Turbo Javelin Girls, then Boys (8U, 9, 10, 11, 12)
- Shot Put Girls, then Boys (8U, 9, 10, 11, 12,)
- Triple Jump Girls, Pit 1 Boys, Pit 2

2:30 pm Field Events

- Javelin Girls, then Boys (O/M, 17-18, 15-16, 14, 13)
- High Jump Girls, then Boys (9, 10, 11, 12, 13, 14, 15-16, 17-18, O & M)
- Shot Put Girls, then Boys (13, 14, 15-16, 17-18, O & M)
- Long Jump Girls, Pit 1 Boys, Pit 2 (ALL DIVISIONS Descending order)
- Pole Vault Girls, then Boys

St nd <u>2:00 p.m. Rolling Schedule (Girls 1 /Boys 2</u>) ~ 1500m run (9, 10, 11, 12, 13, 14, 15-16, 17-18, O & M)

- ~ 100MH G/B (13, 14, 15-16, 17-18, O & M)
- ~ 110MH (15-16, 17-18, O & M)
- ~ 80MH 11, 12
- ~ 100M DASH (8U, 9, 10, 11, 12, 13, 14, 15-16, 17-18, O & M)
- ~ 400M (8U, 9, 10, 11, 12, 13, 14, 15-16, 17-18, O & M)
- ~ 3000M RW (13, 14, 15-16, 17-18, O & M)
- ~ 4 X 100M RELAY (8U, 9, 10, 11, 12, 13, 14, 15-16, 17-18, O & M)

- ~ 200/400 HURDLES (13, 14, 15-16, 17-18, O & M)
- ~ 1500M RW (9, 10, 11, 12)
- ~ 800M (8U, 9, 10, 11, 12, 13, 14, 15-16, 17-18, O/M)
- ~ 200M (8U, 9, 10, 11, 12, 13, 14, 15-16, 17-18, O & M)
- ~ 3000M RUN (13, 14, 15-16, 17-18, O & M)
- ~ 4 x 400M Relay (8U, 9, 10, 11, 12, 13, 14, 15-16, 17-18, O & M